

My Health^eVet: Opt In To Secure Messaging

*Video Transcription – Cutdown Video
(Time: 00:53)*

MALE NARRATOR:

Go to myhealth.va.gov: an online personal health record designed for Veterans, Service members and Caregivers — putting you in control of your health needs. It's easy and it's free.

At My Health^eVet, you can safely and securely view VA lab results, log and track vital signs, get wellness reminders, view your VA appointments and fill VA prescription(s) without ever leaving your home or waiting on hold.

Simply opt in to Secure Messaging at www.myhealth.va.gov to easily communicate with your VA health care team.

And with the VA Blue Button on My Health^eVet, you can download your personal health data into one single file to save, store and share — with your family, Caregivers or non-VA providers.

Don't delay, do it today!