

## **My HealthVet: It's Quick, Easy, and It's for You!**

*Video Transcription – Podcast*

*(time: 5:01)*

### **FEMALE NARRATOR:**

**As a former member of our armed forces, you deserve the best health care anywhere.**

### **FEMALE NARRATOR:**

**That's why VA created My HealthVet. A free online resource, available 24 hours a day, seven days a week to empower you to take charge of your health, so together we ensure you get the best care.**

### **MALE NARRATOR:**

**From refilling VA prescriptions online, avoiding duplicate tests and procedures, making communication with your providers easier, improving overall safety, and providing you personalized VA wellness reminders, My HealthVet is a secure tool that works for you.**

### **MALE NARRATOR:**

**To sign up today, just visit [www-dot-my-health-dot-va-dot-gov](http://www-dot-my-health-dot-va-dot-gov).**

**To get the most out of My HealthVet, visit your nearest VA health care facility and complete an In Person Authentication form.**

### **FEMALE NARRATOR:**

**If you appear in person to complete this one-time upgrade, you can then access enhanced features such as refilling your VA prescriptions online by name and receive scheduled electronic VA Wellness Reminders.**

**This means better access to care, a better understanding of your health, clear and efficient communication between you and your provider, and greater patient satisfaction.**

### **MARGO ELLIS:**

*I absolutely love My HealthVet. In addition to working full time now I also go to school in the evenings so you can imagine I don't have a lot of time. With My HealthVet I can reorder my prescription medications online, which saves me a great deal of time from having to go into the VA Medical Center. Additionally it helps me to stay fit and healthy with the online journals. So for me it's an absolute necessity to life.*

**FEMALE NARRATOR:**

**On My HealtheVet, you can enter and track your medical records, store your emergency contact information, and print a wallet card that contains your critical information.**

**You can also take important prevention and wellness steps like tracking your weight, blood pressure, cholesterol levels, and more.**

**DR. NEIL EVANS:**

*For a patient, their encounter with their primary care provider is just one small piece of the puzzle. Illness or wellness continues on well after that visit, and having tools in the home available to continue management and learning about their health conditions is really important.*

**MALE NARRATOR:**

**My HealtheVet stores and allows you to track and manage your personal, family, and military health history, your insurance information and your allergy and immunization records.**

**You can also enter diagnostic test results for easy personal and physician access. This will help you avoid duplicating these procedures when it's not necessary.**

**FEMALE NARRATOR:**

**With the tools offered on My HealtheVet you have prevention and wellness information right at your fingertips.**

**So why should you sign up for a My HealtheVet account? Because it's easy, free and completely secure. With My HealtheVet, you can access VA health and benefits information that you deserve.**

**MALE NARRATOR:**

**My HealtheVet is a convenient and secure way for you to take control of your health care and access VA benefits and information. To learn more and sign up, visit [www-dot-my-health-dot-va-dot-gov](http://www-dot-my-health-dot-va-dot-gov). Then go to your local VA facility and complete the in-person identity proofing or IPA process.**

**ROBERT A. PETZEL, M.D.:**

*The men and women of the Department of Veterans Affairs are committed to ensuring that VA's personal health record is a secure and confidential way to store and access your personal health information. My HealtheVet is a powerful tool to enhance your overall health and well being. The power to use My HealtheVet is now in your hands. We urge you to log on, get an*

*upgraded account with In-Person Authentication and access trusted, safe and secure VA information for all three of our administrations; The Veterans Health Administration, the Veterans Benefits Administration and the National Cemetery Administration. On behalf of the U.S. Department of Veterans Affairs and all VA health care facilities I want to thank you for watching this video and thank you for your service. I wish good luck and good health.*

**FEMALE NARRATOR:**

**My HealtheVet. It's quick, easy, and it's for you!**