



Veterans Health
Administration

How do my patients access My HealthVet Wellness Reminders?

To view **Wellness Reminders**, your patients must be a registered My HealthVet user and have completed the In-Person Authentication (IPA) process, a simple process to ensure your patients get the most benefit from My HealthVet.

IPA requires your patients to provide valid, government issued photo identification (veteran identification card, driver's license or other government issued photo identification) to an authorized VA staff member and sign a release of information form. They are also required to watch a brief video that can be viewed online.

IPA may be done at any VA Medical Center and many Community Based Outpatient Clinics (CBOCs).

For more information on IPA, visit Quick Links from the My HealthVet website at www.myhealth.va.gov.

What is My HealthVet Personal Health Record?

My HealthVet Personal Health Record (PHR) is a secure website where patients can create his/her private Personal Health Record. Using My HealthVet PHR, patients can actively:

- Track personal information (name, address, emergency contacts)
- Track health measures and maintain health journals
- Learn more about health conditions
- Request VA prescription refills
- Keep a record of all medications including supplements

www.myhealth.va.gov

My HealthVet

www.myhealth.va.gov
Wellness Reminders



VA's Award-Winning
Personal Health Record

What are My HealthVet *Wellness Reminders*?

Wellness Reminders is an online feature of the My HealthVet Personal Health Record where VA patients can view their VA **Wellness Reminders**.

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What *Wellness Reminder* information is provided?

The summary information includes due date, type of **Wellness Reminder**, last completed date, and name and location of the facility sending the reminder. The detailed information includes a description of the **Wellness Reminder** and links to other websites (such as the Centers for Disease Control and Prevention) for additional information.

www.myhealth.va.gov

What *Wellness Reminders* can my patients view?

Your patients will be able to view the following types of health **Wellness Reminders** from their VA treatment facility(s) if they apply to them:

- Colorectal cancer screen
- Influenza
- Pneumococcal
- Hypertension
- LDL control
- Lipid measure
- Body Mass Index

For people with diabetes:

- Diabetes foot exam
- Diabetes hemoglobin A1c
- Diabetes retinal exam

For women:

- Cervical cancer screen
- Mammogram screen



Can my patients change the way they view *Wellness Reminders*?

Yes, your patients can change the way they view **Wellness Reminders** by selecting their preferred facility(s) from which **Wellness Reminders** are displayed. The first time your patients log on, the default setting is that all their VA locations are selected. They can make a change to the selection and unselect VA facilities of their choice. They must select at least one VA location to receive **Wellness Reminders**.

How should my patients handle duplicate *Wellness Reminders* from multiple facilities?

If your patients receive care at more than one VA facility, they may receive duplicate **Wellness Reminders**. They should notify their VA provider if any **Wellness Reminders** have been completed.

Can my patients view past *Wellness Reminders* that have been completed?

Yes, your patients can view past **Wellness Reminders** that have been completed. They can view their completed reminders in the Completed Reminders Summary section under **Wellness Reminders**.