

Tools
designed
for you

**Emergency Contacts
Electronic Log**

In case of an emergency, record your emergency contacts in this convenient electronic log.

VA Prescription Refills

Refill your VA medication(s) with just a few easy keystrokes and your medication(s) will be on their way to your mailing address.

Physicians and Providers

Keep track of all your health care providers, and their contact information, in one convenient location.

Your Vitals

Monitor and graph your health statistics, including your blood pressure and blood sugar.

Veterans' Health Library

Find trusted information and answers in a customized, extensive online medical library – the new Veterans' Health Library – complete with videos, interactive modules and more.

Military Health History/Military Service Information

Enter and track all of your military health information, plus access your DoD Military Service Information (if eligible).

VA Blue Button

View, print or download your personal health information with VA Blue Button.



Blue Button
Download
My Data



My HealthVet:
www.myhealth.va.gov

VA Main Website:
www.va.gov



Scan this QR code to learn more.

**Your Personal Health Record
Anywhere, Any Time.**
Take Control of Your
VA Health Care!



**VA
HEALTH
CARE** | Defining
EXCELLENCE
in the 21st Century

For more information, contact a local My HealthVet Coordinator.
Revised 10/2012



What is My HealthVet?



My HealthVet is an award-winning website that offers Veterans anywhere, anytime access to their VA health care records. Its web-based tools give you greater control over your care and wellness – helping to make you an active partner in your health care.

What can you do?

Securely access portions of your VA health records online, 24/7.

Print and save your personal health information with VA Blue Button.

View VA appointments and access DoD Military Service Information (if eligible).*

Refill VA prescription(s).

View your VA lab results and immunization records.*

Ask private questions about your health information and healthy living with Secure Messaging.*

Start here

1

Type www.myhealth.va.gov in the address bar on your web browser, and then press **Enter**. This takes you to VA's **My HealthVet** website.



2

On the right-hand side, select the **Register Today** button.

3

On the registration page, review and accept the **Terms & Conditions** and the **Privacy Policy** for using the **My HealthVet** website.

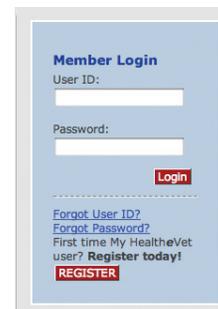
Terms & Conditions and Privacy Policy

I have read and agree to abide by the following My HealthVet terms.

- Accept* [Terms & Conditions](#)
- Accept* [Privacy Policy](#)

4

Log into your **My HealthVet** account and create your **Personal Health Record**.



That's it! You can now use My HealthVet to better manage your health and access VA health care services at your convenience.

Log on

Your health care team can't be with you all the time. My HealthVet puts trusted, secure health and benefits information at your fingertips so you have what you need to make smart decisions about your health and wellness – anytime.

Storing your unique health and military histories, My HealthVet offers a wealth of general and specific data to help you.

With your My HealthVet account, you can also access:

- Personal Health Journals;
- Military Health History Journal; and
- Activity and Food Journals.

*Get the most out of My HealthVet. Take the next step to upgrade your account with Authentication, in-person or online. It takes a few minutes online, then a visit with a My HealthVet Coordinator during your next clinic visit.

With an upgraded Premium account, you can access all that My HealthVet has to offer and will be the first to use new features. Ask about Authentication, in-person or online, at your local VA facility today!