

My Health, My Care: 24/7 <sup>Online</sup> Access to VA

Tools  
designed  
for you

**Secure Messaging**

Communicate non-urgent concerns or questions to your VA health care team.

**VA Prescription Refills**

Refill your VA medication(s) with just a few easy keystrokes and your medication(s) will be on their way to your mailing address.

**VA Appointments**

View detailed information about your VA clinic appointments.

**VA Notes**

View a copy of your **VA Notes** recorded during a clinic visit or hospital stay. This information comes from your official VA health record.

**Medical Libraries**

My Health<sup>e</sup>Vet provides two extensive, online medical libraries: MedlinePlus and the Veterans Health Library. Both can be accessed under the Research Health tab.

**Military Health History/Military Service Information**

Enter and track all of your military health information, plus access your DoD Military Service Information (if eligible).

**VA Blue Button**

View, print or download your personal health information with VA Blue Button.

**My Health<sup>e</sup>Vet:**  
[www.myhealth.va.gov](http://www.myhealth.va.gov)

**VA Main Website:**  
[www.va.gov](http://www.va.gov)



Scan this QR code to learn more.



**Your VA Personal Health Record:  
Take Control of Your Health and Wellness**

**My Health<sup>e</sup>Vet Help Desk**  
Toll Free Telephone Number:

1-877-327-0022

(Monday through Friday, 6:00 a.m. – 7:00 p.m. CST)



**VA HEALTH CARE** | Defining **EXCELLENCE** in the 21st Century

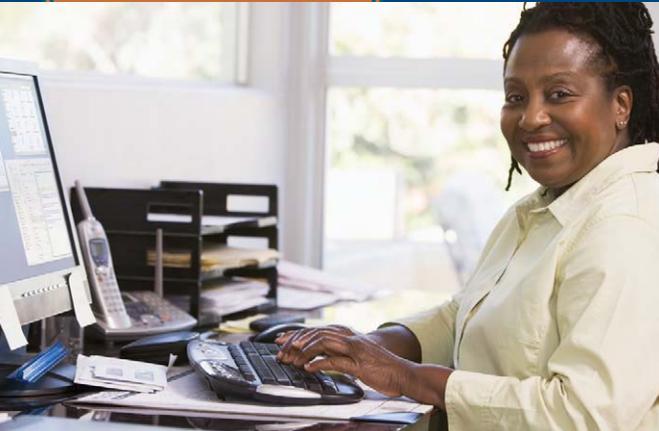
For more information, contact a local My Health<sup>e</sup>Vet Coordinator.  
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 **Blue Button  
Download  
My Data**



# What is My HealthVet?



My HealthVet is VA's Personal Health Record. Its web-based resources and tools offer you greater control over your care and wellness. Using My HealthVet can empower you to make informed decisions and become an active partner in your health care.

## What can you do?

1. Use VA Blue Button to print, save or download your personal health information
2. If you are a Veteran who uses the VA health care system, you can access portions of your VA health records online, 24/7
3. Refill your VA prescription(s)
4. View your VA Appointments and Lab results at your convenience
5. Use Secure Messaging to communicate non-urgent matters with your health care team
6. **Access many more features, tools and resources** by going to My HealthVet at [www.myhealth.va.gov](http://www.myhealth.va.gov)

## Start here

- 1 Type [www.myhealth.va.gov](http://www.myhealth.va.gov) in the address bar on your web browser, and then press **Enter**. This takes you to VA's **My HealthVet** website.



- 2 On the right-hand side, select the **Register Today** button.

- 3 Enter your information on the registration page. Read and accept the **Terms & Conditions** and the **Privacy Policy** for using the **My HealthVet** website.

**Terms & Conditions and Privacy Policy**  
I have read and agree to abide by the following My HealthVet terms.

- Accept\* [Terms & Conditions](#)  
 Accept\* [Privacy Policy](#)

- 4 **Log into your My HealthVet account and create your Personal Health Record.** That's it!



## Log on

**Your health care team can't be with you all the time.** My HealthVet provides you trusted health and benefits information 24/7. Having this information at your fingertips, when you need it, can help you make informed decisions about your overall health and wellness.

My HealthVet offers a wealth of unique features such as:

- Your Military Service Information (if eligible)
- The ability to communicate, online, with your VA health care team through Secure Messaging
- The option to share your personal health information via VA Blue Button
- The opportunity to read your health care team's notes from appointments and hospital stays with VA OpenNotes

PLUS... many other features available at your convenience!

Specific features in My HealthVet are available to you based on your account type.

Users with a Basic account are able to view their self-entered information. If you are a VA patient, you can upgrade your account to Advanced or Premium\*. These account types allow you to refill your VA prescriptions online and view parts of your VA health record.

\* With an upgraded Premium account, you can access all that My HealthVet has to offer and will be the first to use new features. Ask about Authentication, in-person or online, at your local VA facility today!

Bookmark [www.myhealth.va.gov](http://www.myhealth.va.gov) as a favorite.