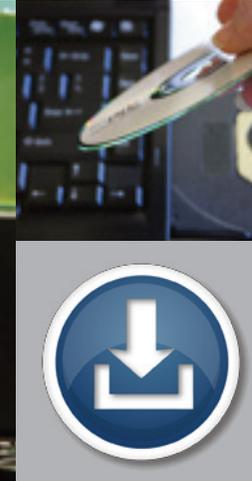
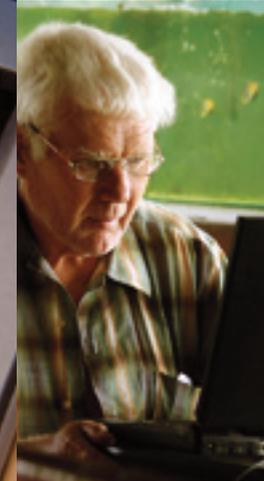


Register for My HealthVet

- 1 Type www.myhealth.va.gov in the address bar on your web browser, and then press **Enter**.
- 2 On the right-hand side of the screen, click the **Register Today** button. Complete the registration page.
- 3 Log into your My HealthVet account and begin to create your Personal Health Record.
- 4 Begin using My HealthVet to access VA health care and services.
- 5 If you are a VA patient, upgrade your account with In-Person Authentication (IPA), and watch the video online. Then visit your local VA facility for your one-time in-person proofing.
- 6 Bookmark www.myhealth.va.gov for future reference.



Why would you want to use the Blue Button?

- The Blue Button helps you share your health information as you choose.
- The Blue Button gives you a way to save your information to a computer, a compact disc (CD), or thumb drive.
- Using the Blue Button can help you *partner* with your health care team to improve your health.
- You may *feel more involved* when you share your health information with members of your health care team.
- Your health care team can give you *safer care* if they know all about your health and health history.

How can you protect your information?

It is important to protect your information. You are responsible for protecting the personal health information you print or download. Safeguard this information the same way you would protect your banking or credit card information.

- Do not leave your printed information on a printer.
- Do not save your downloaded information to a public computer.
- When using a public computer, save your health information to a CD or thumb drive.
- Remember to take the CD or thumb drive with you when you finish.



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Office of Health Information

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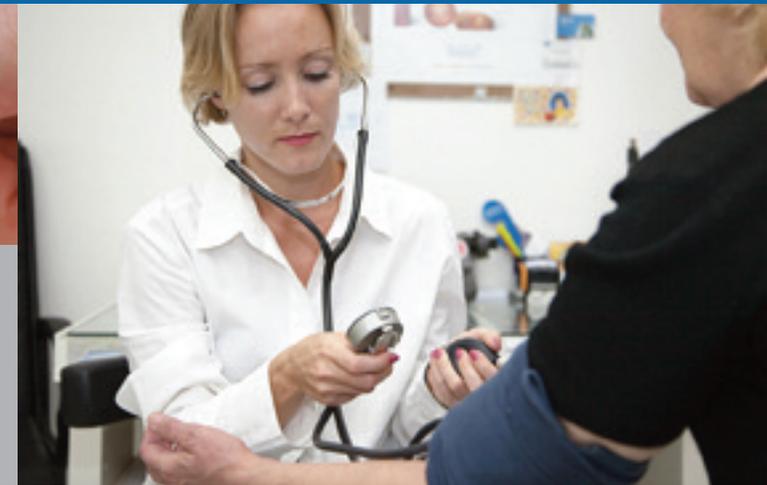
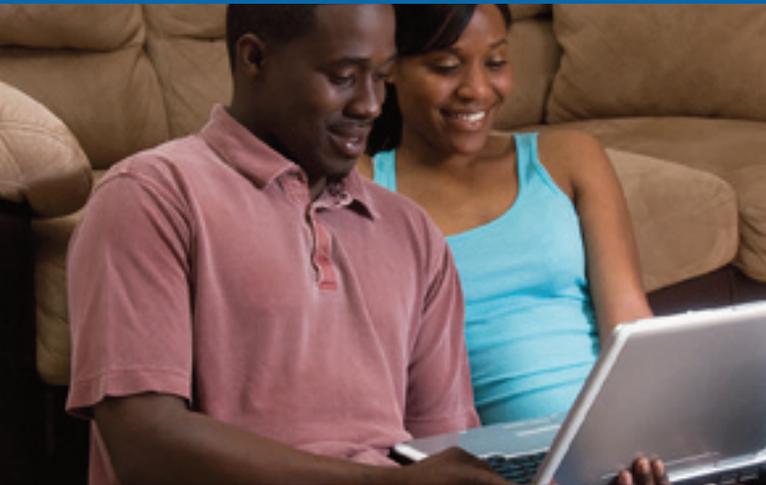
Introducing the VA Blue Button

*Select to view, print,
download, or save
your information
from My HealthVet*



Veterans Health Administration
Office of Health Information

www.va.gov



What is the Blue Button?

The **Blue Button** is a new tool on My HealthVet (www.myhealth.va.gov). It allows easy access to your personal health information.

You can view, print, download, or save your information already in My HealthVet. You can also share this information with your health care team, caregivers, or others.

Sharing your personal health information can help you to be an active partner with your health care team. As you partner with your health care team, you may potentially experience:

- Increased satisfaction with health care services.
- Better use of the time you spend with your health care provider.
- Improved patient safety.

How do you use the Blue Button?

- Log on to My HealthVet (www.myhealth.va.gov).
- Select the **Blue Button**.
- Select the personal health information you want from your My HealthVet account and click the **Continue** button.
- Select **Download** to have the information saved to a safe location on your computer, a compact disc (CD), or thumb drive.
- Select **View, Print** to see your information and then print it.

What information can you view, print, or download using the Blue Button from My HealthVet?

- Your personal health information you entered in My HealthVet.
- If you have an upgraded My HealthVet account, called In-Person Authentication (IPA), you may also get:
 - Your VA prescription history
 - VA Wellness Reminders

The VA Blue Button: – It's quick, it's easy, and it's for you!